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*Top 25 Quotes from Don't Sweat the Small Stuff by Richard ...*

Richard Carlson was an American author, psychotherapist, and motivational speaker. His book, Don't Sweat the Small Stuff... and it's all Small Stuff, was USA Today's bestselling book for two consecutive

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Love and spent over 101 weeks on the New York Times Best Seller list. It was published in 135 countries and translated into Latvian, Polish, Icelandic, Serbian and 26 other languages. Carlson went on to write 20 books.

*Richard Carlson (author) - Wikipedia*

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Love Don't Sweat the Small Stuff continued to be a publishing phenomenon with over twenty titles in the brand franchise, two of which were co-authored and authored with his beloved wife, Kris. He died of a pulmonary embolism in December 2006, at the age of forty-five.

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*BUY THE BOOKS - Don't Sweat the small  
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Richard Carlson Ph.D. was an author, psychotherapist, and motivational speaker, who rose to fame with the success of his best-selling book Don't Sweat the Small Stuff...and it's all Small Stuff (1997). He met and married Kristine Anderson (Kris

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Carlson) in 1981 while he was a student at Pepperdine University in Malibu, California.

*DON'T SWEAT THE SMALL  
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The book "Don't Sweat The Small Stuff

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Love Teens" is a guidance for the teenage lifes and experiences; Richard Carlson connects to most of the chapters. The chapter that interest me was dont sweat the break up. This chapter is intersting and i believe that most teens need advice of those kind of things such as:love and friendship.

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“Don't sweat the small stuff,” he said.

“Being able to adapt to constant change is

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crucial.” Ellis isn’t afraid to take on new projects and challenges, and he doesn’t mind learning on the job if...

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